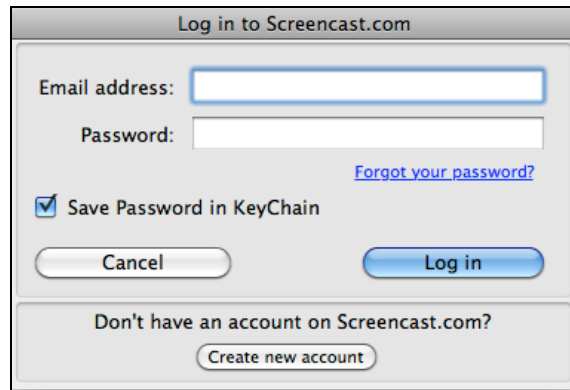
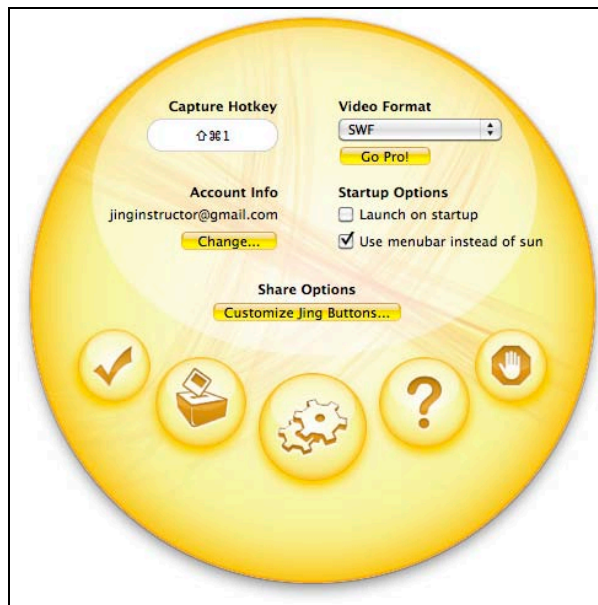


Working with Jing for the first time

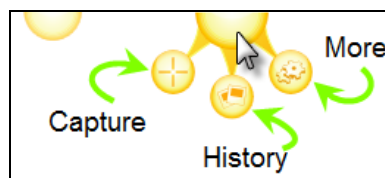
1. Download and install application from <http://www.jingproject.com>
2. Launch application & click on Create new account button to set up an account with Screencast.com



3. Note that you have to use a valid email account to start using Jing. In case you lose your password, Jing can send you your password reminder.
4. Login with your Jing username and password
5. After you have logged in for the first time, you will see this interface



6. Explore the various settings and preferences
7. To begin using Jing, click on the Jing icon located at the taskbar or click on the "sun icon" located at the top of your desktop.



Taking your first capture:

(Reference Notes: <http://help.jingproject.com/get-started/get-started-with-jing-taking-y.html>)

1. Mouse-over the sun and three little rays appear.
2. The one with the cross-hairs is **Capture**. This is how you start your capture. The one in the middle is **History**. Copies of your captures are located here. The one with the two gears is **More**. There are many settings you can change in **More**. For example, you can setup Hotkeys, or make it so the Jing sun doesn't appear on your screen.
3. Click **Capture**.
4. Select an area of your screen to capture.
5. You can select a window, part of a window, or, you can click and drag the cross-hairs to select a region. Decide if you want to capture an image or video. You can add arrows, text and highlights to images. If you have a microphone, you can narrate your video! Videos are limited to 5 minutes in length. For this first capture, we suggest you click the **Image** button.
6. Choose what you want to do with the image (or video).
7. You could save the image to your computer. You can also copy the image to your clipboard. This makes it easy to switch to another application like a document or email and paste the image. Sharing to Screencast.com returns a convenient link which is copied to your clipboard. This is a very powerful option in that you can paste the link into chats, emails, and instant messaging clients.

EMBEDDING JING INTO YOUR HTML DOCUMENT OR DISCUSSION BOARD

If you are interested in embedding Jing into your discussion board or HTML document --- here is a link on "how-to"

<http://blog.jingproject.com/2009/07/08/embed-image-video.pdf>